



THE LOCAL HEALTH LINK

Stimulating Shorts from Frankfort

Governor and Mrs. Patton Sponsor a “Celebration of Hope” on May 3, 1999 at the Governor’s Mansion

- submitted by Rice C. Leach,
Commissioner, Dept for
Public Health, with
permission from the
Governor’s Office

*The Breast Cancer Survivors’
Reception was attended by
nearly 700 women. Governor
and Mrs. Patton addressed the
gathering to celebrate them and
to recognize the work done by
the many people participating in
the fight*

CONTENTS

ACH Anecdotes.....	3
Central Office Comments.....	6
Lab Lines.....	6
PHPS Passages	7
Staff Spotlight.....	7

*against breast cancer. Their
remarks follow in the order in
which they were presented...*

GOVERNOR PATTON:

Welcome. It’s really a pleasure
to be here with you today for this
Celebration of Hope.

It’s good to have Lieutenant
Governor Steve Henry with us
today, Steve stand up.

As a doctor, I know he is aware
of the struggles that you’ve
faced.

Steve also has with him his
mother, Wanda Henry. We’re
always glad to see Wanda.

I want to recognize Secretary of
the Cabinet for Health Services,
John Morse and Secretary for the
Cabinet for Families and
Children, Viola Miller.

Their leadership is critical as we
face important health and welfare
issues in this administration and
I want you to know that they’re
at the forefront in dealing with
issues facing Kentucky’s women.

Also, with us is Dr. Rice Leach,
Commissioner of Public Health,
who oversees the operations of all
of Kentucky’s health
departments.

Judi is the eyes and ears of our
administration when it comes to
the issue of breast cancer.

Because of her, last year I created the Governor' Task Force on Breast Cancer and Judi chairs this important work.

Judi has brought to our attention the need for legislation that has ensured bone marrow stem cell treatment will be available when needed.

She also guided us to demand that insurance companies operating in Kentucky provide screening for breast cancer and reconstruction following surgery for breast cancer.

Two years ago, she led state government employees in a signature campaign requesting additional congressional funding to fight this disease.

In Kentucky, we've provided funding for the breast cancer screening programs for our Kentucky health departments, support for the Kentucky Cancer Program, and funding to assist in the purchase of mobile screening units.

We know that Kentucky's women are our heart and soul. We also know that Kentucky's women are our mothers, our wives, our sisters, our daughters.

What we can't begin to know is the amount of suffering and pain you've gone through battling this disease.

Unfortunately, we can't ease that. But what we can do is knock down the governmental barriers

to care and treatment that women who face this challenge in the future must overcome.

What we can do is demand the cooperation of our insurance companies so that you don't have to do battle with them as you battle for your life.

What we can do is provide an environment in Kentucky that attracts to our hospitals the best doctors, surgeons, oncologists and radiologists to provide you with state of the art care.

We're going to try to do all of these things. And, we'll continue to do our best to help this Commonwealth reduce its mortality rate from this disease.

Last year through an aggressive media campaign, we increased screening done by our health departments by 51 percent.

This year the health departments will again offer free screenings to uninsured women and we want you to help us get out this message early stage diagnosis is the key to saving lives.

Thank you for being with us today and for being a wonderful reminder that Kentucky's women still remain strong, courageous and full of hope for our future.

And now let me introduce the heart and soul of this effort and of my life, my wife Judi Patton.

FIRST LADY JUDI PATTON:

Thank you, Paul.

Welcome to all of you. I am delighted to have you here.

The Kentucky Governor's Mansion belongs to the people of the Commonwealth. Paul and I are its caretakers. I hope that you will enjoy your home. If it has been a while since you have visited or if you have never been here before, go through its rooms. We have tour guides located inside to answer any questions.

Also, inside is the Derby Art Exhibit: Kentucky Visions that is located in the ballroom. I hope you take the opportunity to see it as well.

Today is truly a day of Thanksgiving. We are so very thankful that each of you are here with us. And, on this beautiful Spring day, that you could join us in a day that you helped to create – A Celebration of Hope.

Last year, in rather a hurry, we began to look at a way we could recognize Kentucky women around Mother's Day. Because of my work with breast cancer, we decided that those of you who have battled this disease were the ones that we wanted to recognize and pay tribute to.

In a matter of 3 weeks, we identified several hundred survivors and invited them to the Mansion.

My heart was touched as I heard so many of you say that you had never been given an opportunity

to celebrate your fight against breast cancer. I decided then that this year, we would find as many of Kentucky's survivors as we could and invite you all.

This year, our list had 1200 names and they are still coming in.

You come from all across this great state and you carry in your hearts stories of faith, courage and hope. You are the symbols of hope for every woman in the Commonwealth who falls prey to breast cancer.

You are the hope for your families. Your strength to fight the battle of breast cancer taught your loved ones and friends the meaning of courage.

You are hope for each other. For the women here today who have just recently been diagnosed, those of you who are 20, 30 and 40 year survivors give meaning to a full and productive life after surgery.

You are hope for those of us who have not had breast cancer, you teach us that we can survive with dignity and grace.

Paul and I are working hard to see that every woman in Kentucky has the services she needs to have mammograms and the best possible care if she is diagnosed.

This year the Governor's Breast Cancer Task Force has met to look at all aspects of this disease and the needs of Kentucky's

women. Those findings and recommendations will give us the tools to evaluate Kentucky's needs.

We can not and do not want to lose another woman to breast cancer. We need you to create a wave of consciousness that stretches across the state and surfaces in every home to alert women that they need mammograms, self checks and yearly exams. This message is critical in our fight against breast cancer.

If you remember, it was mothers who fought polio and today it is almost a disease of the past in this country. If we apply that same energy, we can prevent deaths to breast cancer.

Paul and I will work to see that mammography services are available, but we need your help to get the women in your communities to go for yearly check-ups.

I want to thank our sponsors, volunteers and all those who worked to make our Celebration of Hope possible. And, today, let us all be thankful and celebrate the precious gift of life.

May God continue to bless each one of you.

ACH Anecdotes

Community / School Water Fluoridation: The Community and School Water Fluoridation

Program guided by the Kentucky Department for Public Health (KDPH) has been nationally recognized for its accomplishments and achievements over the years. The program works with over 200 community water systems and approximately 30 schools to deliver the scientifically proven benefits of fluoride to **more than 90%** of the citizens of the Commonwealth. 1998 proved to be another superb year for this critical public health program guided by Gerald Luttrell, Wayne Adams, Don Miniard, and Brian Short. For the community water system fluoridation component, 98.4% of the systems met optimal water fluoridation standards for the year. For the school water system fluoridation component, 100% of the school systems met standards for the year. These results did not occur without a firm commitment to excellence by KDPH, communities, and schools. The KDPH team provided extensive on-site and telephone technical assistance during 1998 to produce these outstanding results.

- *submitted by Dr. Steve Wyatt, Division of Adult & Child Health*

USDA National WIC Award: On April 6, 1999 the Kentucky WIC Program was privileged to receive a 1999 United States Department of Agriculture National WIC Award. The awards are presented on an annual basis to "recognize especially noteworthy initiatives that State agencies have

undertaken to improve program management and to enhance services to WIC participants.”

The award was presented “for exceptional initiative and pioneering spirit for being the first State agency to fully implement WIC’s new system of nutrition risk criteria.” In part the narrative for the award read: In five short months the Kentucky WIC Program completed the implementation of WIC’s “new” national nutrition risk criteria system. A committee of State and local staff performed a thorough review of the proposed risk criteria. In many instances its review work led to comments and recommendations that were reflected in final national policy.

We would like to recognize the local and State agency personnel who were involved in this endeavor:

- ❖ Local Agency personnel:
Janis Bumps – Boyle Co. Health Dept; Wendy Carlin – Children & Youth Project; Gail Davis – Knox Co. Health Dept; Tracie Gardner and Connie Howell – Northern KY Independent Health Dept; Suzie Hamm – Buffalo Trace District Health Dept; Susan Borders – Louisville-Jefferson Co. Health Dept; Ann Meador – Barren River District Health Dept; Misty Morris – Purchase District Health Dept; Mary Ann Myhre – Lexington-Fayette Co. Health Dept; Mary Sue Pauley – formerly of Green

River District Health Dept; Anna Stacy – Breathitt Co. Health Dept; Peggy Staley – Woodford Co. Health Dept; LaBerta White – Cumberland Valley District Health Dept; and Vernessa Autry and Cora Billingslea of Park DuValle Community Health Center.

- ❖ State Agency personnel:
Emma Walters led the implementation of the criteria with assistance from Janet Johnson, Dianna Colson, Chris Taylor, and Karen Gooch. A special note of thanks to Dr. Steve Davis for his support on the implementation of this project.

Congratulations to all involved in this endeavor. We were first in the nation again!!

- *submitted by Emma Walters, Division of Adult & Child Health*

Smoking and Abnormal Pap Smears: Have you ever noticed how many of your patients with abnormal pap smears are smokers? If so, you are not the only one. A number of studies have demonstrated excess risks of cervical cancer among smokers. Such research has now confirmed cigarette smoking as an independent risk factor for cervical cancer. Cotinine, a product of nicotine, has been found in the cervical mucus of smokers.

The exact mechanism of carcinogenesis of tobacco smoke

remains unclear. However, it has been proposed that tobacco and its many byproducts may act as a direct irritant to the cervix; that the oncogenicity of human papillomavirus (HPV) may be enhanced by tobacco smoke; and that smoking may cause local immunosuppression within the cervix.

The pamphlet library now offers a pamphlet that addresses this topic. To receive a supply of these pamphlets, call the pamphlet library and ask for **PAM ACH-24**.

- *submitted by Sheila Ward, U of L Improved Pregnancy Outcome Project*



WORDS OF HEALTH FOR WOMEN

MAY IS ARTHRITIS MONTH Arthritis Prevalence: A Nation in Pain

Arthritis is a costly, disabling and pervasive collection of more than 100 different diseases or related conditions that affect areas in or around joints. Other parts of the body can also be affected. Major signs and symptoms include pain, loss of movement, and occasionally swelling.

As the leading edge of the "Baby Boom" generation enters the prime years for arthritis, an adverse impact on individual and public health will increase dramatically. Costs to the U.S. economy already total nearly \$65 billion annually. This is equal to the impact of a moderate recession. There are now some 43 million persons affected (one in six persons), with a projected increase to nearly 60 million persons by 2020, or nearly 20 percent of the population. This disease now affects 26 million women and 14 million men. Of this number, some seven million Americans experience significant limitations on everyday activities such as walking, dressing and bathing.

Arthritis is one of the most prevalent of chronic health problems and the country's leading cause of disability among Americans over age 15. It is second only to heart disease as the leading cause of *work* disability. Symptoms of arthritis prompt 39 million physician visits and over a half-million hospitalizations each year. This is not just a disease of the elderly. More than half of those affected are under age 65. Juvenile arthritis affects

285,000 children under age 17.

Unfortunately, half of Americans affected with arthritis do not believe anything can be done to relieve their symptoms. Early diagnosis and appropriate management can help reduce the consequences associated with many types of arthritis. Many persons are unaware that some forms of arthritis can also be prevented. The following are *modifiable* risk factors that are also associated with increased risk of arthritis:

- Obesity
- Joint injuries
- Infections
- Certain occupations (e.g., shipyard work, farming, heavy industry, and occupations with repetitive knee-bending).

The following are among the more than 100 types of arthritis and related diseases:

- Osteoporosis is characterized by a reduction in bone mass. This causes almost one in two white women to experience an osteoporotic fracture at some point in her lifetime. More than 25 million Americans are

affected, 80 percent of them women. People with some forms of arthritis, notably rheumatoid, are also at risk for osteoporosis because of certain medications (glucocorticoids) that can contribute to loss of bone mass.

- Osteoarthritis, which affects 20.7 million Americans, most of them under the age of 45. This is a degenerative joint disease in which the cartilage that covers the ends of bones in the joint deteriorates, causing pain and loss of movement as bone begins to rub against bone.
- Fibromyalgia affects 3.7 Americans, usually women. It is associated with widespread pain as muscles and attachments to the bone are affected.
- Rheumatoid arthritis affects over two million Americans. It is an autoimmune disease in which the joint lining becomes inflamed as part of the body's immune system activity. This is one of the most serious and disabling types, affecting mostly women.

- Gout also affects over two million Americans, primarily men. Gout is usually the result of a defect in body chemistry. Although a painful condition which often attacks small joints, especially the great toe, gout can nearly always be completely controlled with medication and changes in dietary habits.
- Spondylarthropathies affect 412,000 persons in this country.
- Systemic lupus erythematosus, or simply "lupus," affects 239,000 Americans. This disorder inflames and damages joints and other connective tissues throughout the body.

A *National Arthritis Action Plan* has been developed through the leadership of the Arthritis Foundation, the Association of State and Territorial Health Officials and the Centers for Disease Control and Prevention. The intent of the plan is to attack arthritis and its devastating impact on public health through 1) Surveillance, epidemiology, and prevention research; 2) Communication and education; and 3) Programs, policies, and

systems. For copies of this document, please contact the Arthritis Foundation National Office, 1330 W. Peachtree Street, Atlanta, GA 30309, or call (404) 872-7100. Additional information about arthritis may also be obtained from the Arthritis Foundation's toll-free number, 1-800-633-5335. The Web address is <http://www.arthritis.org>.

- submitted by Barbara Wilson, Program Director of the KY Chapter of the Arthritis Foundation, with Paula Alexander, Division of Adult and Child Health

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Central Office Comments

Public Health Training:

Greetings to state and local health department staff across the Commonwealth from the University of Kentucky! I am pleased that Dr. Leach provided me with the opportunity to use this forum to share some great news with you. A School of Public Health at the University of Kentucky is now a reality. As the Acting Dean of the School, I assure you that one of our goals is to meet the education and training needs of public health practitioners across the Commonwealth. We are keeping this goal before us as we create

the curricula and identify faculty for the school.

The opportunity for you to benefit is immediate, since we plan to begin offering classes this fall. It is my hope that you will want to learn more about the program after reading this brief note. To inquire about the program, I ask that you contact Rebecca Flanagan at 606-252-0857 or by email at becki@pop.uky.edu.

- submitted by F. Douglas Scutchfield, MD, Acting Director, School of Public Health, UK

Lab Lines

Myths & Facts about Phlebotomy:

MYTH: When taking multiple samples, you should apply a tight tourniquet for at least 3 minutes so that the blood flows well.
FACT: Hemoconcentration and hemolysis can occur when a tourniquet has been left on for more than 2 minutes or applied too tightly. Leakage from damaged cells can falsely elevate cholesterol, protein, potassium, and iron levels. A tight tourniquet may also damage vessels, especially if the patient has fragile skin. When you apply a tourniquet, check the radial pulse to make sure arterial blood flow is unobstructed.

MYTH: You can fill blood collection tubes in any order.
FACT: To avoid cross-contamination from additives in tubes, fill them in the following order:

1. yellow- and black-top tubes (for culturing blood)
2. red-top tubes containing no additives (for serum samples, chemistries, serology blood bank)
3. light blue-top tubes containing sodium citrate, an anticoagulant (for coagulation studies)
4. dark green-top tubes containing heparin (for tests on plasma, such as ammonia, cortisol, adrenocorticotrophic hormone [ACTH])
5. lavender-top tubes containing EDTA (an anticoagulant used to preserve cells).

MYTH: After drawing blood from an antecubital vein, instruct the patient to bend her arm at the elbow to apply pressure to the site.

FACT: Instruct the patient not to bend her arm after you withdraw the needle from an antecubital vein. Doing so would encourage bleeding into the antecubital area, compromising vessels and nerves. Instead, she should keep her arm straight and elevated while applying pressure to the site.

MYTH: The time of day doesn't affect blood-sampling results.

FACT: Changes in body fluid levels over a 24-hour period may affect some test results; however, fluctuations in some lab values are normal. Cortisol and ACH+TH levels may decrease in the afternoon, and iron and eosinophil levels may increase. Blood glucose results will vary

according to the patient's recent sugar intake.

- *Article by Ruby Baker, RN, CRNI, BSN, Clinical Resource Consultant, Philadelphia, PA—Reprinted with permission from Nursing 98 28(11), copyright Springhouse Corporation. Contributed by Sharon Godec, Purchase District Health Department and submitted by Donna Clinkenbeard, Division of Laboratory Services*

PHPS Passages

Interstate Milk Shipments Conference:

The twenty-seventh National Conference on Interstate Milk Shipments was in session in Atlanta, Georgia, May 1-6, 1999. Delegates and interested parties from across the United States were in attendance to voice their opinions and concerns through this cooperative program. Kentucky was represented by Dale Marcum and Morris Strevels from the Milk Safety Branch. One hundred and forty-four proposed changes to the Pasteurized Milk Ordinance were carefully considered during the conference. The Dairy Industry is experiencing rapid changes. The state milk regulatory agencies are keeping pace assuring the safest milk supply for all the people.

June is Dairy Month and dairy promoters will be encouraging the consumption of more milk and dairy products. Through improved technology, methods of

pasteurization and proper handling information, milk and dairy products have a longer shelf life and are safer for human consumption than ever before.

- *submitted by Morris Strevels, Division of Public Health Protection and Service*

Staff Spotlight

Celebrating Northern Kentucky Breast Cancer Survivors:

Attending the First Lady of Kentucky Judi Patton's Second Mother's Day Tea were at least 34 Northern Kentucky breast cancer survivors and also area health professionals and educators. The Tea was held on the lawn of the Governor's Mansion on Monday, May 3 at 1:30 – 3:30 p.m. The event is held to celebrate Kentucky's breast cancer survivors. Last year, over 200 survivors attended and it is hoped this year, with greater effort put forth to find and contact survivors, the number will be greater.

The Northern Kentucky Health Department, St. Elizabeth Medical Center, Florence Women's Club, Campbell County Cooperative Extension, Senior Services of Northern Kentucky, and the Northern Kentucky Women's Cancer Coalition have joined forces to reach the community's breast cancer survivors and to provide free box lunches and transportation to Frankfort. A bus left at 11:00 a.m. from Lakeside Christian Church, 195

Buttermilk Pike in Lakeside Park and returned around 6:00 p.m. Anticipation and excitement grew. These women were united in group strength showing examples of hope to other women and taking time to celebrate their survivorship.

Many women do not routinely examine their breasts and have mammograms due to the fear of finding cancer. Early detection through screening tests -- annual mammogram after age 40, annual clinical breast exam and monthly breast self-examination -- increases survival and treatment options. Another reason many women, 65 years and older, do not get screened is due to their belief that they are too old to get breast cancer, but the risk for breast cancer increases with age. Medicare does pay for screening mammograms but fewer than half of the women eligible for this benefit take advantage of it.

The Northern Kentucky Women's Cancer Coalition will be reaching out in the community through innovative ways to encourage older women to get mammograms. The Coalition also has certified breast self exam teachers who can come to organizations to teach proper technique and answer questions. If affording a mammogram is a problem, the Northern Kentucky Health Department may be able to offer financial assistance for qualified women of all ages.

The four county Northern Kentucky Health District has a female population of 154,869. In

1996-97, there were 457 cases of breast cancer with a total mortality of 47 in 1996.

Media representatives were encouraged to come to Lakeside Christian Church before bus departure time on May 3 to interview survivors and professionals and to show support in the celebration of their survivorship.

Closing of One Covington Health Department Center but Not End of Services:

It is a farewell to a Covington landmark as a home for health department services since 1929, but not an end to health department services being provided in Covington and Kenton County. Not only was the Northern Kentucky Health Department's Community Health Services building at 912 Scott Street, antiquated and not as accommodating to providing services to the public, but the Health Department felt the need to reorganize, relocate and expand some services in the interest of better serving the community. April 30 was the last day of the Health Department's residence at this site. NO services are being deleted but as a result of this move, services will actually be expanded and more easily available.

Within the last several years, many services, such as family planning services and individual diabetes education, had already moved from the 912 Scott location to the Kenton County

Dressman Health Center located at 634 Scott Street. Now other services that had been taking place at 912 Scott -- sexually transmitted infection (STI) screening and treatment services, tuberculosis control services and case management, preventive health screenings, including blood pressure and cholesterol, and vital statistics will be available at each of the four county health centers in Boone, Campbell, Grant and Kenton Counties. The Dressman Center on Scott Street is the Kenton County site.

The availability of STI screening and treatment services will be significantly increased. STI services will be available by appointment five days per week at the Kenton County Dressman Health Center by a nurse practitioner and trained nurse clinicians and a physician staffed STI clinic will be held twice weekly on Monday and Wednesday afternoons at the Campbell County Health Center in Newport. As always, all of our health centers offer HIV testing and counseling as well as syphilis serology.

Some district wide services will be moved to the Boone County Health Center at 7505 Burlington Pike in Florence. This includes travel vaccine services, a new service which was initiated last September, because it will bring these services closer to the population which has utilized them the most so far.

"The Health Department recognizes the increasing importance to return to the roots of public health in this age of emerging and re-emerging infectious diseases," said Susy Kramer, M.D., Medical Director of the Health Department. "In response we are establishing a new section with our Clinical Services Department – Epidemiology Services, which will be located in the lower level of our Boone County Health Center."

Epidemiology Services will have four full-time professional staff, three nurses and a Health Educator. Evie Van Herpe, R.N. will be the administrator over the division. This division will directly interact with the community with respect to communicable disease reporting, investigating and prevention. The staff will also be involved in disaster planning and preparedness, environmental health issues such as lead and rabies, community immunization outreach and monitoring, and employee health. The new number for Epidemiology Services is **606-525-7329**. At this same number and location, Nutrition administration services may be reached. Susy Kramer, M.D., Medical Director of the Health Department will move her office to the Health Department's district administrative office at 401 Park Avenue in Newport, but it is planned that she and the rest of the staff located at this district office will move by September 1 to the Health Department's Edgewood facility at 610 Medical

Village Drive. Renovations will begin at this site in the very near future.

The Learn Program for Weight Control:

The Northern Kentucky Health Department will offer a 16 week "Natural Weight Loss Program" developed by Kelly D. Brownell, Ph.D., Yale University. The class series will be held on Thursday s, beginning June 17, 1999 through September 30, 1999 from 6:00-7:00 p.m. EDT at the Northern Kentucky Health Department, 610 Medical Village Drive, Edgewood, Kentucky. This class will be facilitated by lifestyle counselor, Ivy Sheehan, R.D., C.D.E. This is a proven program for safe weight loss for individuals over 20% ideal body weight and the focus of the program is on long-term weight maintenance. Cost for the program is \$185.00 which includes a personal manual and assessment. Registration deadline is June 10. Call 606-341-4264 to register.

- *submitted by Peggy Patterson, Northern KY Independent District Health Department*

Floyd County Celebrates Public Health and Immunization Weeks:

The Floyd County Health Department celebrated Public Health Week (April 5-9) 1999. First they got the County Judge to proclaim it as Public Health Week in Floyd County, then they had several activities throughout their community. On Monday, 100 persons were screened at the

local Wal-Mart; on Tuesday, screenings for blood pressures and diabetes were done for 21 residents at a public housing for senior citizens; on Wednesday, blood pressures and nutritional counseling for persons attending the McDowell Senior Citizens Center; on Thursday, dental health education was done for 16 children and 4 parents at a public housing complex; and on Friday, the Betsy Layne Senior Citizens Center received blood pressure and nutritional counseling.

They kicked off Immunization Week (April 19-23) by giving the County Judge an update on his Tetanus while he signed the Proclamation for Immunization Week in Floyd County. The Wheelwright Branch Office held an Immunization Celebration at the office by serving refreshments and giving away T-shirts and a drawing for a video. On Thursday, April 22, they had a celebration in the city parking lot in Prestonsburg. Activities included the Floyd County Sheriff's Department's DARE Bear, face painting, free T-shirts, drawing for videos and refreshments.

About 125 children were seen through these celebrations. Pharmaceutical companies and local businesses donated to help make the celebrations special.

Other Floyd County Events:

On May 4, 1999, they had a Health Fair at a local nursing home for residents.

On May 7, they held their semi-annual Women's Health Fair at the Prestonsburg Office. This has become a very successful event for us with about 60 women receiving services.

On June 18, they will hold their first Men's Health Fair. They will be offering a variety of screening services.

- submitted by Jane Bond, Floyd County Health Department

Training Tidbits

RTC Training Courses – FY99

The Emory University Regional Training Center, Atlanta, GA, will provide fourteen (14) course offerings during fiscal year 1999 (July 1, 1998 – June 30, 1999).

All fourteen (14) offerings along with registration and course content have been forwarded to District Training Contacts and LHD Administrators. Any LHD employee wishing to attend these offerings should contact their District Training Contact or LHD Administrator for course content and registration forms. Course dates, locations, and titles are listed below.

June 4, 1999 Bowling Gr.

- Adolescent Health Issues

June 18, 1999 Lexington

- Postponing Sexual Involvement

June 24, 1999 Lexington

- Pharmacology Update for Clinicians

June 25, 1999 Lexington

- Current Reproductive Health Issues for Clinicians

Video / Audio Tapes ALERT:

If you have any outstanding video or audiotapes on loan for more than three weeks, please return them to me at the address given in the Editor's Note. Thank you for your cooperation.

EDITOR'S NOTE:

Please submit articles, staff spotlight nominees, or suggestions for the newsletter to:

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